



EYE SAY

A lot of cleansers won't remove eye makeup – and constant scrubbing can put strain on the delicate area, leading to redness and irritation. Instead go for an eye makeup remover that should be soothing, non-irritating AND remove even stubborn eye makeup. However, try to avoid eye makeup removers that contain mineral oil which can cause white heads around the eyes.

TRY: Neutrogena Oil-Free Eye Makeup Remover, \$9.99. Palactry Eye & Lip Make Up Remover, \$30.

NEW SKIN NEWS

Finally, skincare peeps are listening to the needs of teens... and coming out with ranges just for you guys. Here are a few that have made it on our radar:

PEVONIA BOTANICA SPA TEEN: The swanky spa brand is taking a walk in our world, so that you guys can have some luxury too. There are two ranges – one for all skin types and one for blemished skin (with 2.5 per cent organic benzoyl peroxide and salicylic). Two things you need to know: 1. It uses a delivery system called 'Micro-Matrix' which allows the active ingredients to be slowly released over a 12-hour period (so your skin doesn't spaz out from ingredient overload!) 2.

They smell really, really good (think strawberry and papaya). **OUR FAVE:** Pevonia Botanica Spa Teen (all skin types moisturiser), \$63 (1800 069 116).

COSMEDICINE: These products go through stringent testing (similar to drug testing) to measure their efficacy and performance – so you can be sure their claims have got cred. Plus they're gentle enough to use on sensitive skin – which says winner, we say. **OUR FAVE:** Healthy Cleanse Cleanser for Oily Skin (removes makeup and tones in one!), \$55.95 (bitcosmetics.com).

GARNIER PURE ACTIVE (Available from July): The first Garnier range especially for the spotty sistas amongst us, it contains the champion zit fighter salicylic acid and a spanking new natural ingredient called HerbaRepair (sourced from blueberries) that helps stimulate cell renewal. The range is not only made to nix zits, but also to help erase marks and scarring. **OUR FAVE:** Pure Active Blackhead Clearing Scrub, \$10.75.



Q AND A'S WITH DR K

We asked, Dr Kearney answered.

Q: Can your skin become irritated if you use too many skincare products?

A: "Yes, the more you do to your skin the more chance of irritation. Most products contain lots of chemicals and the more chemicals on the face, the higher the chance of irritation." The best solution is always to use gentle products, in the recommended amounts.

Is it possible for your skin to be 'too clean'?

"Skin being dirty is rarely a problem in our society. People often clean too much and strip the natural surface and oils." This in turn often upsets the natural pH balance.

Why is soap so taboo in skincare?

"Standard soap is a detergent designed to dissolve oils including the oils in our skin."

Basically, it will act like a stripping agent, and will make the skin feel dry and tight and again upset the pH balance.



GOOD OILS

We know the idea of putting oil on your face is about as enticing as drinking a litre of the stuff but pre-cleanse oils are an awesome new product that's quietly rocking our world. Emma Hobson gives us the lowdown: "These are designed to be used for your first cleanse, working on the principle that like attracts like. The oil in the product attracts the oil (as well as the dirt, makeup and debris) on the skin surface," she says. So, when you wash off the pre-cleanse you'll thoroughly wash away all the debris and oil. As a bonus, they're also killer for removing sunscreen, which will often sit on the skin adding to congestion.

TRY: L'Occitane Apple & Almond Cleansing Oil, \$39.95.

PSST!

Dermalogica is also launching a rad new range for teen skin that we're mental for... but it gets BETTER – you can make like a beauty ed and be amongst the first to try! See Beauty Fix for deets.



BITS AT THE BACK

Bite-sized bits to chomp on